

# Fred's Sulphur Spinner



## Recipe

Hook: Tiemco #100 Size: 16-20  
Thread: Pale Yellow, 8/0  
Tail: Micro Fibetts, light dun, tied in a 'V', two on each side.  
Body: Sulphur Yellow Dubbing  
Hackle: Grizzly

*Tying Tips:* Standard techniques. The author of this fly did not specify a particular dubbing. I used Fly-Rite Bright Yellow #4. You may use your favorite sulphur dubbing.

*Fishing Tips:* Used for the '*Ephemerella dorothea*' hatch. Use it any time they are on the water.

*Historical Note:* This fly was created by Fred Vargas from Whitehall, Michigan. It was created in the 1990s. Fred is a professional tyer who was the head fly tying instructor at the 'Great Lakes Fly Fishing Company,' in Rockford, Michigan for several years.

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